CAMPAIGN AGAINST HUNGER
CAN YOU LIVE ON HK$40 A DAY?

“Hunger and malnutrition are in fact the number one risk to health worldwide — greater than AIDS, malaria and tuberculosis combined.” – United Nations World Food Programme

KNOW THE FACTS
Refugees receive HK$40 a day for food by the HK Government – that’s just HK$13 per meal!

The assistance is limited to ingredients only. No support is provided to purchase stoves, cooking and dining utensils.

The support comes in the form of supermarket vouchers. Ingredients are expensive in supermarkets and may not be culturally or nutritionally appropriate to their needs.

Oxfam’s 2011 study states that a working adult in HK then needed HK$66.6 per day to eat balanced nutritional meals. Refugees have no right to work in Hong Kong, and receive just HK$40 per day today. Food costs also have substantially risen in the past 5 years.

It can take up to 6 months to receive this support. That’s 6 months without food, shelter, and water.

JOIN US TO #ENDHUNGER TODAY
and keep Hong Kong’s only soup kitchen for refugees open for another year!

13 for 13:
RACE AGAINST HUNGER
PLEDGE to spend only HK$13 per meal for 13 days.
Get sponsored by your friends, family, and colleagues.
Can’t commit to 13 days? No problem! Start with 1 day!
Sponsorship form attached.

DONATE
TO END HUNGER
Help us provide up to 15,000 meals at our soup kitchen by donating:
- HK$100 provides 6 meals
- HK$800 provides 50 meals
- HK$1,600 provides 100 meals
Bank details provided on attached sponsorship form. For online donation, please visit our website, below.

VOLUNTEER
AND RAISE AWARENESS
Bring your friends, family, and colleague to beat the clock as you rush to cook a meal at our community soup kitchen.
and/or
Host a workshop on refugee issues at your school, organization, or church.
E-mail us for more information.

All proceeds go towards providing hot meals 16 times per week at our soup kitchen

ckmsc@christian-action.org.hk | www.facebook.com/refugeehk | www.christian-action.org.hk/refugees
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SPONSORSHIP FORM

NAME: ______________________________________  E-MAIL: ______________________________________

I pledge to spend no more than HK$13 per meal from ___ - ___ - 2016 (date) to ___ - ___ - 2016 (date) to raise awareness of the plight of refugees in Hong Kong.

I request you to sponsor me for each meal where I commit to my pledge.

All funds raised will go towards providing 16 hot meals per week at Christian Action’s Centre for Refugees.

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Upon completion of your pledge, please send a copy of your sponsorship form(s), along with the cheque or bank deposit slip for the total amount donated to “Christian Action CFR (ATTN. J. Murgai), No. 6, 16th Floor, Block E, Chungking Mansions, 36-44 Nathan Road, Kowloon, Hong Kong”. Crossed cheques are payable to “Christian Action – Charity Services” and bank deposits can be made to HSBC account number, 567-320973-005. An official acknowledgement will be sent to you on receipt of funds so you can share with your sponsors!