

「無人請，可以自己請自己；無錢租舖，可以自己上門提供服務。」這是參加了基督教勵行會「自僱技能訓練計劃」學員的心聲。

為了給與失業人士更多的謀生出路，本會在1998年首次推出「自僱技能訓練計劃」，在市場上挑選有自僱發展的潛力、低成本及以技術為主的行業，為參加者提供實務技能訓練及自僱營運竅門，協助他們從搵工的道路，另闢一條自力更生的新行徑。

由於這個先導計劃的成功及得到各界的認同，踏入廿一世紀，我們得到香港賽馬會慈善信託基金的資助，再次舉辦此計劃，並命名為「廿一世紀精神」- 自僱技能訓練計劃，喻意延續香港人鍥而不捨的拚搏精神。

實務技能訓練的課程包括：足底反射及穴位按摩、美容護理化粧、鄰舍暫託服務和合約清潔服務。有鑑學員在營運初期，由於資金不足，無法自設店舖，本會資源中心為學員提供獨立房間，好讓他們以自僱形式為資源中心會員及本會職員提供足底按摩及美容護理服務，減低營運成本。學員除了上門為街坊服務，有些更以拆帳形式與其他商戶合作，務求以不同的形式開展他們的新一頁。

自僱技能訓練計劃



鄰舍暫託服務 Neighbourhood Childcare



合約清潔服務 Contract Cleaning



美容護理化粧導師丁小姐
Ms. Ting, instructor of Beauty & Cosmetics Make-up Class

美容屋老闆丁小姐，為本計劃擔任導師，並為學員提供設施完善的美容院作實地訓練。她說：「我目睹不少女性為家庭經濟問題而徬徨，但她們沒有一技之長，有些甚至要照顧子女。只有上班時間靈活的工作，才可兩者兼顧，自僱確是一條好出路。這個課程為學員帶來新希望及挑戰，過程雖艱辛，但不少付出努力的學員，已自僱或開設美容院。」

"Nobody hires me but I can be my own boss. No money to rent a salon but I can provide a home service." Comments by participants of Christian Action's Self-Employment Enterprise Scheme.

In order to provide an alternative channel for unemployed people to become self-reliant, Christian Action first introduced the pilot programme Self-employment Enterprise Scheme in 1998. The programme provides training, both general training in running a small business and specific skills, to unemployed people wishing to set up their own businesses. The focus is on niche market businesses such as beauty care and valet cleaning. These are activities which require low start-up costs, practical skills and for which there is sufficient demand. This scheme provides people with a new way out of unemployment.

In recognition of its importance, the Hong Kong Jockey Club Charities Trust has provided funding for us to continue the scheme. Now named "Spirit of the 21" Century" - Self-Employment Enterprise Scheme to reflect Hong Kong people's unflagging spirit. As we move into the new millennium, the programme continues to be popular.

Training classes are provided in Reflexology and Massage, Beauty Care and Cosmetics Make-up, Neighbourhood Childcare and Contract Cleaning. In order to give encouragement to the participants for establishing their businesses, Christian Action's Resource Centre provides rooms for the reflexology and beauty entrepreneurs for their trial run. They have many satisfied customers among our staff and retrainees and the entrepreneurs' running costs have been reduced at the same time. In order to extend the network of clients, participants provide home services and they have also partnered with existing enterprises on a profit-sharing basis, to establish and promote their services.

足底反射及穴位按摩
Reflexology and Massage

美容護理化粧
Beauty Care and Cosmetics Make-up

Ms. Ting, instructor of the Beauty Care & Cosmetics Make-up Class, has also kindly provided her well-equipped beauty parlour as a practice centre. She says, 'I have seen many women in difficulty coping with demands of family and work. They need to work to make a financial contribution to the family but find it very difficult to fit in the hours a regular job requires. Being self-employed gives them much more flexibility. CA's Self-Employment Enterprise Scheme is a gateway to a type of employment to suit their particular needs and skills. Although the path to success is difficult, the Scheme provides participants with a beacon of hope. Many of my students have succeeded in becoming self-employed and some have even opened their own beauty parlours.'